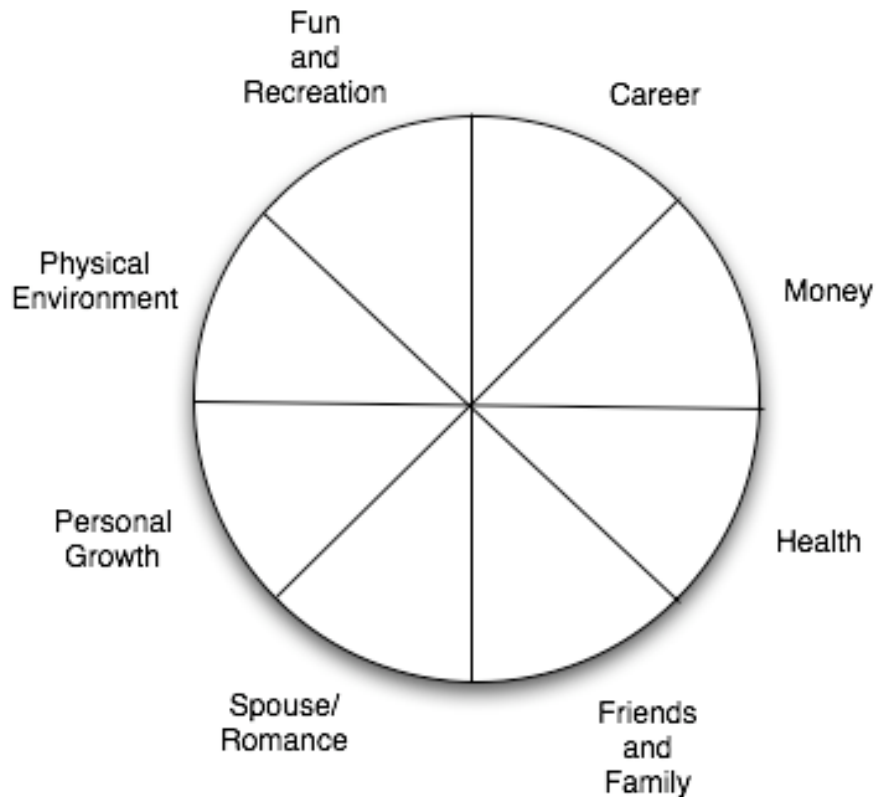




METIER COACHING

P. O. Box 4085
Naperville, Illinois 60567-4085
630-983-0678

The Wheel Of Life _____ (name)



Directions: The eight sections in the Wheel of Life represent balance. Regarding the center of the wheel as 0 and the outer edge as 10 rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge (see example). The new perimeter of the circle represents the Wheel of Life. How bumpy would the ride be if this were a real wheel?

Example

